

Frimley Health and Care



Frimley Health and Care ICS Update 'Creating healthier communities'

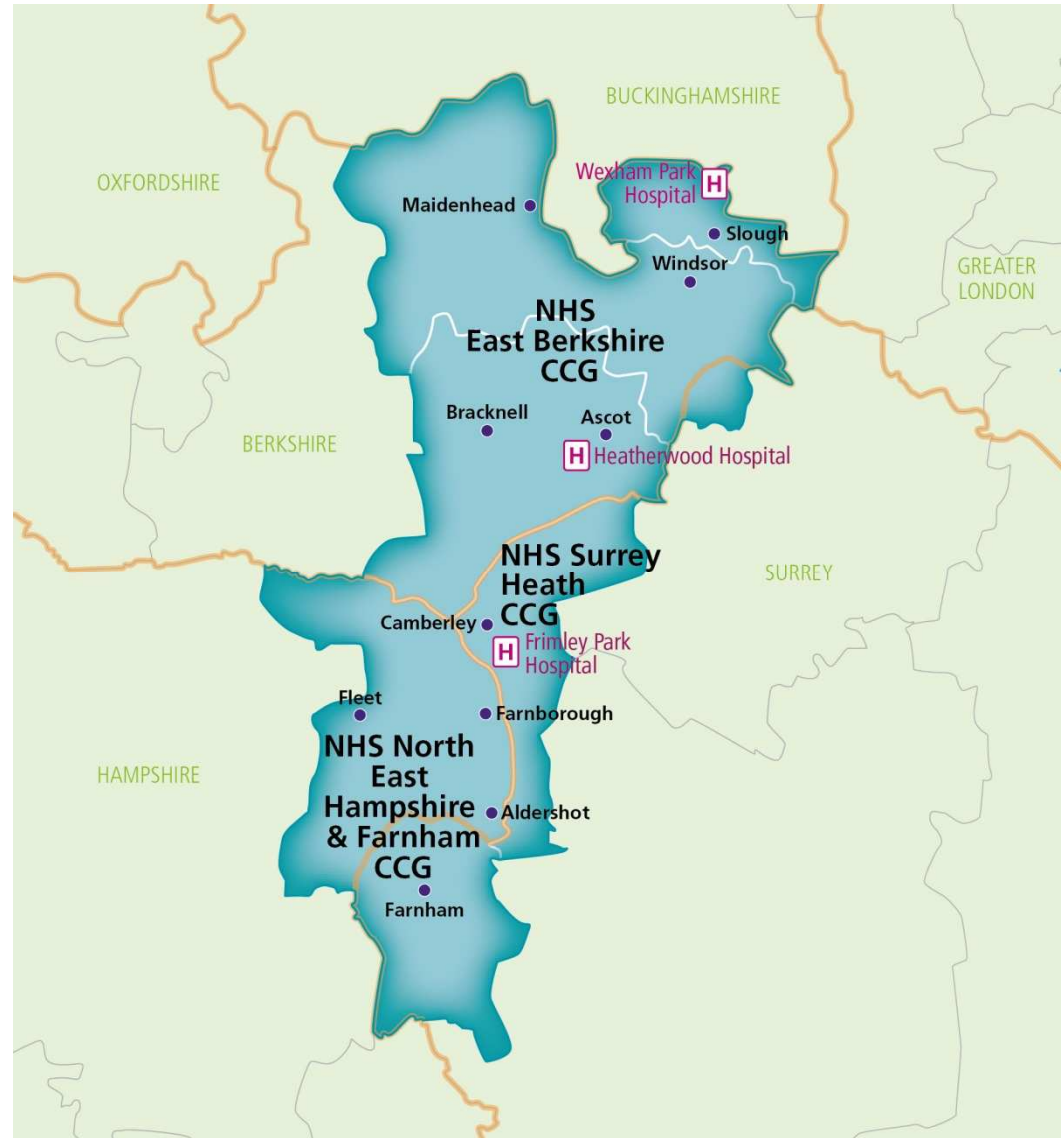
Bracknell Forest Scrutiny Panel
July 2018

Frimley Health and Care



Population of **800,000 people** in East Berkshire, North East Hampshire and Farnham and Surrey Heath CCG's.

Involves **30 statutory bodies**. Includes Local Authorities, CCGs, provider Foundation Trusts and others



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[Video link](#)

Please click on the hyperlink
above to launch the video

Health regulatory changes

- NHS England and NHS Improvement starting to work closer together
- From September 2018 they propose:
 - One national team where possible
 - Integrated regional teams under one regional director
 - Seven national regions
- We already have
 - one regional director, Anne Eden
 - System-level quarterly assurance meetings
 - Ambition to be 'self-assuring'
- CQC exploring their regulatory role with respect to systems
 - We have a system relationship contact, Ruth Rankine, Deputy Chief Inspector.
 - CQC working with our system as one of two pilot areas

Governance

- The ICS has a System Operating Plan for 2018/19
- An approach to the system control total for health for 2018/19 agreed with NHS England and Improvement
- ICS branding and key messages agreed by HWB Alliance Board
- Discussions underway on appropriate role for non-executives and lay members within our ICS
- Care provider role for ICS under consideration

Workstreams

- All workstreams and enabling elements have clear delivery plan for 2018/19
- Social prescribing is now live across the ICS
- Mental health - cross-system approach to the crisis care pathway in mental health being co-designed
- Integrated Care Decision Making –spreading successful model across East Berkshire
- Workforce strategy - implementation plan agreed with leads across workstreams

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Creating healthier communities

– key messages

Your Local Authorities and local health organisations are working together as the Frimley Health & Care System to provide you with a joined up health, care and wellbeing system. This means you will receive the right care at the right time and in the right place.

You and your family will:

- Be supported to remain as healthy, active and independent as you can be
- Know who to contact if you need help and only have to tell your story once
- Have easier access to information and services
- Work together with a care and support team to plan and manage your own care
- Access urgent or emergency care more easily closer to home
- Be treated in the best place for your needs
- Increase your ability and confidence to take responsibility for your own health, care and wellbeing
- Be confident that your care is provided in the best possible way.



Workstream Aims:

- Prevention and self-care – ensuring people have the **skills, confidence** and support to **self-care** and to **stay well**
- Integrated care decision-making – developing integrated teams of **multi-disciplinary** practitioners providing **single points of access** to services such as rapid response and re-ablement
- GP transformation – laying foundations for a new model of general practice provided at scale to offer a **wider range of services** in the community, including development of GP networks to **improve resilience and capacity**
- Support workforce – supporting the care support workforce so that it is **fit for purpose** and offers good career opportunities across the system
- Care and support – transforming the social care support market and **improved management** of the market by health and social care working more closely together. Helping to make the **best use of the money** available across the Frimley Health and Care system and better plan for the future care support needs of local people.
- Reducing clinical variation – ensuring that the population **has access** to the same **high quality of services** across the system wherever they live
- Shared care record – helping people to **tell their story once** by implementing a shared care record that is accessible to professionals across the footprint

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Benefits already being seen:

- Health and care workers working more closely together
- An improved patient experience across the system – more joined up care provided in peoples homes
- Plans are continuing to be rolled out
- A greater community involvement and support in health and wellbeing
- Mental health liaison 24/7 has been rolled out across both Frimley and Wexham Park hospitals
- An increase in staff satisfaction, with retention and recruitment supported by the new roles and opportunities being developed
- More flexible ways of engaging with your GP
- No increase in A&E activity year-on-year.
- 8am-8pm appointments in primary care
- Fewer people with mental health problems having to travel out of the area for treatment.
- There has been greater investment in the local system